

Poomsae individual

Nordic Taekwondo Championships 2022 & Nordic Dala Open POOMSAE

Category **Free Ind Free Under 17 Female-Elite**
Competitors **1**
Class **Elite**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	128	LAMMERS Isabelle Team Academy IF	SWE	4.77	2.27	2.50

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Nordic Taekwondo Championships 2022 & Nordic Dala Open POOMSAE

Category **Free Ind Free Over 17 Male-Elite**
Competitors **2**
Class **Elite**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	34	KAMPHUIS Christian Team Finland	FIN	6.40	2.67	3.73
2	5	FREDMAR Johan Denmark National Team	DEN	5.90	2.50	3.40

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Competitors **1**
Class **Elite**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	10	KJOELBO Silja Denmark National Team	DEN	4.93	2.43	2.50